

# MILL VALLEY OPTOMETRY

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Date \_\_\_\_\_ Email \_\_\_\_\_  
Name \_\_\_\_\_ Sex: M \_\_\_ F \_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Responsible Party \_\_\_\_\_ SS # \_\_\_\_\_  
Telephones: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_  
School: \_\_\_\_\_ Teacher \_\_\_\_\_ Grade \_\_\_\_\_  
Medical Insurance: \_\_\_\_\_  
Subscriber Name \_\_\_\_\_ SS # \_\_\_\_\_ DOB \_\_\_\_\_  
Vision insurance: \_\_\_\_\_  
Subscriber Name \_\_\_\_\_ SS # \_\_\_\_\_ DOB \_\_\_\_\_  
List other people living in your home: \_\_\_\_\_  
Name \_\_\_\_\_ Relationship \_\_\_\_\_ Age \_\_\_\_\_  
Name \_\_\_\_\_ Relationship \_\_\_\_\_ Age \_\_\_\_\_  
Name \_\_\_\_\_ Relationship \_\_\_\_\_ Age \_\_\_\_\_  
Date of last eye exam: \_\_\_\_\_ Name of Doctor: \_\_\_\_\_  
Do you wear glasses? \_\_\_\_\_ How many hours a day do you spend at a computer? \_\_\_\_\_  
Do you wear contact lenses? \_\_\_\_\_ Do you wear Sunglasses? \_\_\_\_\_  
Who referred you to this office? \_\_\_\_\_

## CHILDREN'S EYE HEALTH HISTORY

### OCULAR HISTORY

**Do you experience any of the following? > Please check if YES.**

- |                                           |                                                     |
|-------------------------------------------|-----------------------------------------------------|
| <input type="checkbox"/> Blurry vision    | <input type="checkbox"/> Double vision              |
| <input type="checkbox"/> Squinting        | <input type="checkbox"/> Light sensitivity          |
| <input type="checkbox"/> Eye pain         | <input type="checkbox"/> Eye strain                 |
| <input type="checkbox"/> Redness          | <input type="checkbox"/> Dryness                    |
| <input type="checkbox"/> Burning/itching  | <input type="checkbox"/> Headaches/migraines        |
| <input type="checkbox"/> Flashes/floaters | <input type="checkbox"/> Dizziness/Balance problems |

**Do you have a history of?**

- |                                               |                                           |
|-----------------------------------------------|-------------------------------------------|
| <input type="checkbox"/> Cataracts            | <input type="checkbox"/> Glaucoma         |
| <input type="checkbox"/> Crossed eye/lazy eye | <input type="checkbox"/> Amblyopia        |
| <input type="checkbox"/> Retinal Detachment   | <input type="checkbox"/> Macular problems |
| <input type="checkbox"/> Eye disease          | <input type="checkbox"/> Ear infections   |
| <input type="checkbox"/> Eye Injury           | <input type="checkbox"/> Eye surgery      |
| <input type="checkbox"/> Head injury          |                                           |

**Does your child exhibit any of the following signs or symptoms? Please check if YES.**

- Covers one eye while reading?
- Hold his/her book extremely close?
- Skip or repeats lines while reading?
- Works below his/her potential?
- Has difficulty completing assignments on time?
- Has behavioral issues in the classroom?
- Reading comprehension is below grade level?
- Difficulty sitting still at home or in the classroom?
- AD(H)D or dyslexia?
- Do you suspect any Developmental Learning issues: visual, auditory or motor?
- Are you familiar with Developmental Vision Therapy?

### MEDICAL HISTORY

Date of last medical exam \_\_\_\_\_  
Doctors name: \_\_\_\_\_  
General health:  Excellent  Good  Fair  Poor  
List all medications you are currently taking and why?  
\_\_\_\_\_  
\_\_\_\_\_

**What is the reason for today's visit?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Do you currently have any of the following problems?**

- Sinus, ears, nose
- Respiratory (lungs, breathing, TB)
- Cardiovascular (heart, blood pressure)
- Stomach, colon
- Neurologic (seizures)
- Bones, joints, arthritis
- Thyroid
- Diabetes
- Fatigue
- Allergies

**Please list all allergies (including to drugs).**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_